

# Clothing and Equipment List Outdoor School

## (3 day to 6 day program)

Following is a **suggested** list of needed items. Please don't bother to purchase anything new, but rather borrow from friends and bring older clothing and equipment that you already have. The main thing you want to consider is that you will be dressed warmly enough and that you can keep dry in the rain. Remember, the weather outside may change - prepare ahead. **Socks and appropriate shoes are probably the most important items on the list.**

### Please be sure to LABEL ALL ITEMS

#### SLEEPING GEAR

- Sleeping bag (a size compatible for laundering in a home washer/dryer) or three heavy blankets and sheets
- Extra blanket if your sleeping bag is light
- Pillow and pillow case

#### CLOTHING

- Warm hat
- Raincoat
- Waterproof head covering
- Warm Jacket
- Warm sweater or sweatshirt
- Sturdy boots or rubber boots
- Gloves or mittens
- Shirts - (**3 day-** 2 to 3 / **6 day-** 3 to 4)
- Jeans or heavy pants—(**3 day-** 2 / **6 day-** 2 to 3)
- Socks – (**3 day-** 3 to 4 / **6 day-** 5 to 6)
- Underwear – (**3 day-** 3 to 4 / **6 day-** 5 to 6)
- Tennis shoes
- Shower sandals
- Pajamas

**Note: If the weather is predicted to be cold and rainy, please observe the following modifications for the 6 day program.**

- 2 – 3 warm sweaters or sweatshirts
- 8 – 10 pairs of socks (or 6-8 thick pairs)
- Waterproof/heavy shoes or rain boots

#### EQUIPMENT

- Letter writing materials - paper, envelopes, stamps, postcards, addresses
- Camera and film – optional (Disposable cameras are preferred)
- Binoculars - optional
- Pencil or pen
- Musical instrument - optional
- 1/2 cup of soil from a special place
- Flashlight – optional
- Water Bottle

#### PERSONAL GEAR

- Bath Towel
- Tooth Brush and toothpaste
- Salve for chapped lips (optional)
- Comb and hair brush
- Plastic bag, ziplock bag or tote bag for carrying toothbrush, toothpaste, soap, washcloth, comb, brush, etc.
- Kleenex
- Wash cloth
- Soap and container
- Two or three large plastic garbage bags for wet, dirty clothes (use duct or masking tape and label the bags)

**PLEASE DO NOT BRING MONEY, ELECTRONIC MUSIC PLAYERS OR GAMES, CELL PHONES, COMIC BOOKS, POCKET KNIVES, EXPENSIVE JEWELRY, CARD GAMES, MATCHES, HAIR DRYERS, CURLING IRONS, MAKEUP, OR ANYTHING TO EAT, INCLUDING CANDY OR GUM.**

#### IDENTIFICATION OF PERSONAL POSSESSIONS

It is important that you not lose clothing or other possessions while at Outdoor School. The Outdoor School cannot be responsible for lost or stolen belongings. All personal items and equipment should have **your name and your school name** marked clearly on them. It is recommended you use a waterproof felt pen, a sewn-on name tag, or embroidery to mark all items. It would also be to your benefit to make out a checklist of what you take to Outdoor School and re-check it carefully before returning home.

MULTNOMAHESD



the  
**outdoor**  
SCHOOL



# Support Outdoor School!

All proceeds benefit the Student Leader Scholarship Fund  
*(Not available at the Outdoor School site)*

**Items to the right are available  
at the Outdoor School office.**

**Call to order  
(503) 257-1600  
or come by and visit.**

T-Shirt	\$10
Hoodie	\$25
Metal Water Bottle	\$15
Carabiner	\$3
Patch	\$3
Watch	\$10
Sticker	\$0.50
Small Window Decal	\$0.50
Large Window Decal	\$1



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