CLOTHING AND EQUIPMENT FOR THE 4th GRADE OVERNIGHT PROGRAM

Following is a suggested list of needed items. Please **do not** put your family to needless expense, but rather borrow from friends and bring older clothing and equipment that you might already have. The main thing you want to consider is that your child will be dressed warmly enough and that he/she will keep dry in case of rain. Remember, the weather outside may change --prepare ahead. Ideally one small bag plus sleeping gear or one large bag **with** sleeping gear is best to have enough room in the bus.

# Sleeping Gear

* Warm sleeping bag or three blankets and sheets (extra blanket if your sleeping bag is light)
* Pillow and pillow case

# Clothing

* One full extra change of clothes from what the student wears on the first day.
* Jeans or heavy trousers or a long skirt
* Shirt or blouse
* Sweater or sweatshirt
* Warm jacket
* Socks (2 or 3 extra pairs)
* Underwear
* Pajamas or night gown
* Extra shoes or boots
* Raincoat or poncho (you can find emergency rain ponchos for under $2.00)

# Personal Gear

* Wash cloth
* Soap
* Toothbrush
* Toothpaste
* Brush or comb
* One large garbage bag for wet or dirty clothes
* Hand Towel
* Water Bottle

**Please do not bring money, electronic games or music players, comic books, pocket knives, jewelry, card games, matches, curling irons, make-up or anything to eat, including candy or gum.**

# MEDICATION

Place all medication required at the site into a **ziplock bag labeled with your child’s name, school and teacher**. Give the medication directly to your child’s teacher at the bus. **Medication must be in the original container.** The direction on the prescription label **must match exactly** what you wrote on the parent / guardian authorization on your child’s health history form.